10 STEPS TO BECOMING A CERTIFIED WELL WORKSITE

Periodic Evaluation to Assess the Success and Identify Changing Needs of the Worksite Wellness Program

Regularly Communicate Wellness to Staff

Designate Staff Member(s) to Coordinate Wellness Activities in the Agency

Capture Senior-level and Board Support

Community Capacity Building

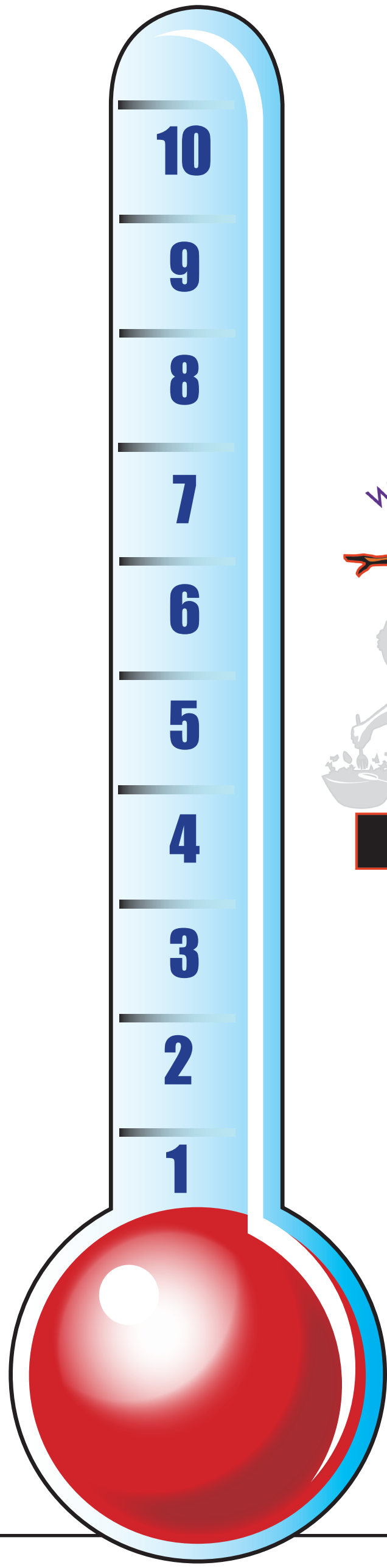
Lactation Accommodation for WIC Staff

Emotional and Mental Health Support

General Health

Physical Activity

Better Nutrition/Healthy Foods



WIC WORKSITE WELLNESS

AGENCY NAME: