



First Milk Drive Event

SATURDAY, AUGUST 21
9:00AM-1:00PM

TrueCare San Marcos
150 Valpreda Rd., San Marcos, CA 92069
TrueCare Mission Mesa Women's Health
2210 Mesa Drive, Suite #5, Oceanside, CA 92054



Who Are We?

University of California Health Milk Bank is a non-profit donor human milk bank and a member of the Human Milk Banking Association of North America.

What Is A Milk Bank?

A milk bank accepts donated frozen mothers' milk and processes it to provide a safe pasteurized human milk product for hospitalized, newly born, or fragile children. Even an ounce of milk can improve the health outcomes of small or sick newborns.

Who Donates Milk?

Women donate breast milk for a variety of reasons. Mothers may produce more milk than their infant needs, have milk they can't use because their baby has an intolerance, or specifically pump with the intention of donating to help infants in need. For all these mothers, this is an amazing and impactful gift they provide.

How Do I Get Started?

Our donor approval process is online and can be done anytime! To get started with approval process, register online today at www.ucmilkbank.ucsd.edu.

To contact us - email us at ucmilkbank@health.ucsd.edu or by phone **858-249-MILK (6455)**.

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